

APPENDIX

21. (Amended) A method comprising:

providing an opening in a laminate; and

pressing a conductive element into the opening, wherein the conductive element includes an inner element covered by an outer element.

27. (Amended) A structure comprising:

a conductive element embedded into a laminate, wherein the conductive element includes an inner element covered by an outer element.

31. (Amended) The structure of claim 27, wherein the outer element of the conductive element is a material selected from the group consisting of: glass, copper, brass, and bronze.

33. (New) The method of claim 21, wherein the inner element of the conductive element comprises a material selected from the group consisting of: glass, rubber and plastic.

34. (New) The method of claim 21, wherein the outer element of the conductive element comprises a material selected from the group consisting of: copper, brass, gold and bronze.

35. (New) The structure of claim 27, wherein the inner element of the conductive element comprises a material selected from the group consisting of: glass, rubber and plastic.